



11
Nights

Cook Islands & the Society Islands

DAY 1: PAPEETE, TAHITI—WELCOME ABOARD!

3:00 PM LATE ENROLLMENT
RECEPTION, DECK 4

Sign up for the program (if space is available) any time from
embarkation until 5:00 p.m.

5:30 PM LIFEBOAT DRILL
1 HOUR The muster station is on your key card.
Mandatory for all guests and crew.

DAY 2: HUAHINE—THE MOANA EXPLORER PROGRAM

8:00 AM PROGRAM INTRODUCTION
1 HOUR LE GRAND SALON, DECK 5
Kids and parents are invited to this overview of the program and the
fun activities that await.

9:00 AM SWIM TEST
1 HOUR POOL, DECK 8
Required for everyone participating in any snorkeling or swimming
activities. We will also discuss water-safety guidelines.
Bring: a snorkel, mask, fins, water shoes, sunblock, water, and
field journals.

10:00 AM DISCOVER MORE ABOUT THE GUIDES
1 1/2 HOURS RECEPTION, DECK 4

Meet your new Moana Explorer friends and learn your way around
the ship.

11:30 AM LUNCH WITH THE GUIDES
1 HOUR LE GRILL OR LA VERANDA

Chat with your naturalist guides about their professional paths as you
enjoy lunch together.

1:00 PM BEACH AND WATER GAMES
3 HOURS PUBLIC BEACH

Catch the team spirit and get better acquainted with your fellow ex-
plorers during beach soccer, crab racing, rope pulling, snorkeling,
and much more.

Bring: a snorkel, mask, fins, water shoes, sunblock, water, and
field journals.

4:30 PM HIGHLIGHTS OF THE DAY
1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 3: AT SEA—LIFE ON BOARD

9:30 AM A NEW DAY, A NEW ADVENTURE
1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.



Paul Gauguin
CRUISES

Moana Explorer Program

10:00 AM MOVIE AND BOARD GAMES

1 1/2 HOURS CAPTAIN'S LOUNGE

Spend the morning enjoying nature-themed movies and board games.

11:30 AM LUNCH WITH THE GUIDES

1 HOUR LE GRILL OR LA VERANDA

Chat with your naturalist guides about their professional paths as you enjoy lunch together.

2:00 PM TAHITIAN CULTURE CORNER

1/2 HOUR LE GRAND SALON, DECK 5

Les Gauguines and Le Gauguins, the ship's Tahitian host/entertainers, have fascinating stories to tell about their unique culture. Hear what they have to say during a get-together with a member of this talented troupe.

2:30 PM MEET THE CAPTAIN OF THE SHIP

1/2 HOUR RECEPTION, DECK 4

Go behind the scenes of the ship's navigation with the person in charge of it all: the captain.

3:00 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 4: AITUTAKI—GIANT CLAMS

12:00 PM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

See where Aitutaki is located and what fun activities await on the island during this overview.

12:30 PM BEACH AND WATER GAMES

1 1/2 HOURS AITUTAKI BEACH

Revel in Aitutaki's greatest attraction—its spectacular lagoon—while enjoying beach soccer, crab racing, rope pulling, snorkeling, and much more.

Bring: a snorkel, mask, fins, water shoes, sunblock, water, and field journals.

2:30 PM MINISTRY OF MARINE RESERVE

1/2 HOUR AITUTAKI

Learn firsthand about the island's giant clam breeding program—as well as the strategy to improve the lagoon's habitat and fish stocks—during a visit to this important ministry.

Bring: a snorkel, mask, fins, water shoes, sunblock, water, and field journals.

3:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 5: RAROTONGA—COOK ISLANDS LIFE

8:30 AM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.

9:00 AM TBD

2 HOURS RAROTONGA

To be determined at a later date.

1:00 PM BLACK ROCK BEACH

2 HOURS RAROTONGA

Enjoy beach games and mingle with local kids on a visit to this local beach.

3:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 6: AT SEA—TRADITIONAL NAVIGATION

9:30 AM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.

10:00 AM TRADITIONAL NAVIGATION

1 HOUR CAPTAIN'S LOUNGE

Local expert Mark Eddowes comes aboard to discuss traditional navigation.

11:30 AM LUNCH WITH THE GUIDES

1 HOUR LE GRILL OR LA VERANDA

Chat with your naturalist guides about their professional paths as you enjoy lunch together.

2:00 PM PING PONG TOURNAMENT

1 HOUR LE GRAND SALON, DECK 5

Test your skills during ping pong-related games.

3:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 7: BORA BORA—FISH

9:30 AM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.

10:00 AM FISH SCHOOLING

1 HOUR LOCATION TO BE ANNOUNCED

Learn about fish and their role in the ocean food web and their importance to their ecosystems and health of the environment through games and a short video.

1:00 PM SURVIVOR TAHITIAN STYLE

2 HOURS PRIVATE BEACH

Discover Tahitian culture as you engage in beach games such as building a shelter with natural materials, eating fruit blindfolded, traditional wrestling, and more.

Bring: a snorkel, mask, fins, water shoes, sunblock, water, and field journals.

4:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.



Paul Gauguin
CRUISES

Moana Explorer Program

DAY 8: BORA BORA—STINGRAYS & SHARKS

12:30 PM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.

1:00 PM DISCOVERY OF STINGRAYS AND SHARKS

1 HOUR CAPTAIN'S LOUNGE

Learn about these fascinating creatures through crafts and games and a short video.

2:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

8:00 PM POPCORN & MOVIE NIGHT

1 HOUR CAPTAIN'S LOUNGE

Enjoy some popcorn while you watch a marine-themed movie.

DAY 9: MOTU MAHANA (TAHA'A)—ISLANDS & REEFS

8:30 AM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.

9:00 AM ISLAND FORMATION

1/2 HOUR SUN DECK

Games and observation through binoculars reveal Taha'a and its geology, as well as how islands are formed.

9:30 AM CORAL REEF DISCOVERY

1 HOUR LOCATION TO BE ANNOUNCED

Games and a short video give insights into coral reefs.

1:00 PM REEF QUEST

3 HOURS MOTU MAHANA

Observe underwater life and see how many species of coral you can identify, and record your findings in an underwater field journal.

Bring: a snorkel, mask, fins, water shoes, sunblock, water, and field journals.

4:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 10: MOOREA—SEA TURTLES

9:00 AM A NEW DAY, A NEW ADVENTURE

1/2 HOUR RECEPTION, DECK 4

Get an overview of today's activities.

9:30 AM DISCOVERY OF MOOREA AND ITS LEGENDS

1/2 HOUR SUN DECK

Learn about Moorea's legends and geology through observation with binoculars and games.

10:00 AM SEA TURTLE DISCOVERY

1 HOUR LOCATION TO BE ANNOUNCED

Games and a short video reveal the lives of sea turtles.

1:00 PM SEA TURTLE CARE CENTER

3 HOURS INTERCONTINENTAL MOOREA RESORT & SPA

Meet the residents of Te mana o te moana's turtle rehabilitation center.

Bring: sunblock, water, and field journals.

Please note that there is an additional fee for this activity and must be booked once onboard. Parent's may request to join, but the request will be subject to availability.

4:30 PM HIGHLIGHTS OF THE DAY

1/2 HOUR RECEPTION, DECK 4

Share what you learned and your thoughts from the day.

DAY 11: MOOREA—FAREWELL

12:30 PM KEY LEARNINGS OF THE TRIP

1/2 HOUR RECEPTION, DECK 4

Share what you've learned about Polynesia's marine environment and culture.

1:00 PM ARTS AND CRAFTS

1 HOUR CAPTAIN'S LOUNGE

Have fun creating a shrimp using palm tree leaves.

6:00 PM FAREWELL PARTY WITH THE PARENTS

1 HOUR LE GRAND SALON, DECK 5

This special celebration wraps up the week's discoveries with snacks and beverages, the screening of a video prepared by the kids, and a diploma ceremony!

Your Te mana o te moana naturalist guides look forward to exploring French Polynesia with you and your family!

Itinerary may vary on select departures. Schedules are subject to change.



Paul Gauguin
CRUISES