



## MOANA EXPLORER PROGRAM



# 11 Nights

## Cook Islands & the Society Islands

### DAY 1: PAPEETE, TAHITI—WELCOME ABOARD!

**3:00 PM - 5:00 PM** LATE ENROLLMENT

**MEETING POINT: RECEPTION, DECK 4**

Sign up for the program (if space is available) any time from embarkation until 5:00 p.m.

**5:30 PM – 6:00 PM** LIFEBOAT DRILL

The muster station is on your key card.  
Mandatory for all guests and crew.

### DAY 2: HUAHINE—THE MOANA CREW SPIRIT

**9:00 AM - 9:30 AM** A NEW DAY, A NEW ADVENTURE

**MEETING POINT: RECEPTION, DECK 4**

Get an overview of today's activities

**9:30 AM – 10:30 AM** CORAL REEF DISCOVERY

**MEETING POINT: CAPTAIN'S LOUNGE, DECK 7**

Games and a short video give insights into coral reefs.

**10:30 AM – 11:30 AM** SWIM TEST

**MEETING POINT: POOL, DECK 8**

Required for everyone participating in any snorkeling or swimming activities. We will also discuss water-safety guidelines.

Bring: a snorkel, mask, fins, sunblock and your room card.

**12:00 AM – 1:20 PM** LUNCH WITH THE GUIDES

**MEETING POINT: LE GRILL OR LA VERANDA, DECK 8**

Chat with your naturalist guides about their professional paths as you enjoy lunch together.

**1:20 PM – 4:30 PM** SNORKELING DISCOVERY  
PUBLIC BEACH

**MEETING POINT: TENDER, DECK 3**

Catch the team spirit and get better acquainted with your fellow explorers during a snorkeling session.

Bring: a snorkel, mask, fins, water shoes, sunblock, water and your room card.

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION

**MEETING POINT: RECEPTION, DECK 4**

Come to talk with us about the next day's activities.



Paul Gauguin  
CRUISES

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## DAY 3: AT SEA—LIFE ON BOARD

**9:00 AM – 9:30 AM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities.

**09:30 AM – 11:30 AM** ISLANDS CREATION

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Spend the morning learning more about Islands creation in Pacific Ocean.

**2:30 PM – 3:30 PM** MARINE BIRDS

*MEETING POINT: CAPTAIN LOUNGE, DECK 7*

Learn more about marine birds of French Polynesia

**3:30 PM – 4:00 PM** MEET THE CAPTAIN OF THE SHIP

*MEETING POINT: CAPTAIN LOUNGE, DECK 7*

Go behind the scenes of the ship's navigation with the person in charge of it all: the captain.

**4:00 PM – 4:30 PM** TEA TIME WITH THE GUIDES

*MEETING POINT: LE GRILL, DECK 8*

Share a snack with your naturalist guides

**5:00 PM - 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

## DAY 4: AITUTAKI—POP CORN & MOVIE NIGHT

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

**6:30 PM – 8:30 PM** POPCORN & MOVIE NIGHT

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Enjoy some popcorn while you watch a marine-themed movie

## DAY 5: RAROTONGA—COOK ISLANDS SPIRIT

**1:00 PM – 2:00 PM** TRADITIONAL NAVIGATION

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Learn how the ancestors managed to cross the Pacific Ocean.

**2:00 PM – 4:00PM** DESIGN OF CANOE MODEL ON THE BEACH

*MEETING POINT: TENDER, DECK 3*

Create your own Va'a (outrigger canoe) from natural materials

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

**7:30 PM – 8:00 PM** STAR NIGHT

*MEETING POINT: SUN DECK, DECK 8*

Watch stars and constellations through the southern sky.

## DAY 6: AT SEA—MARINE MAMMALS

**10:00 AM – 10:30 AM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities.

**10:30 AM – 12:00 AM** DISCOVERY OF MARINE MAMMALS

*MEETING POINT: CAPTAIN LOUNGE, DECK 7*

Learn about these animals through short videos and board games.

**2:00 PM – 4:00 PM** GAMES AND BOARD GAMES

*MEETING POINT: LE GRAND SALON, DECK 5*

Spend the evening enjoying nature-themed board games

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

## DAY 7: BORA BORA—STINGRAYS & SHARKS

**2:00 PM – 2:30 PM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities.

**2:30 PM – 4:00 PM** SHARKS AND RAYS DISCOVERY

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Learn more about these amazing fishes.

**5:00 PM- 5:30 PM** REGISTRATION AND INFO

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities



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## DAY 8: BORA BORA—PLASTIC POLLUTION

**8:30 AM – 9:00 AM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities and registrations

**9:00 AM – 10:00 AM** PLASTIC POLLUTION

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Learn more about the plastic pollution impact on marine life

**1:15 PM – 4:00 PM** MOTU QUEST PRIVATE BEACH

*MEETING POINT: TENDER, DECK 3*

Engage you and your team in beach challenges such as rope pulling, survivor race and much more.

*Bring: a snorkel, mask, water shoes, sunblock, water, and your room card.*

**5:00 PM- 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

## DAY 9: MOTU MAHANA (TAHA'A)— REEF QUEST

**8:30 AM – 9:00 AM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities.

**9:00 AM – 10:30 AM** CORAL REEF

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Participate in scientific experiments to understand why corals are in danger.

**1:30 PM – 4:00 PM** REEF QUEST

*MEETING POINT: MOTU MAHANA - VOLLEYBALL FIELD*

Observe underwater life and see how many species of coral and fish you can identify.

*Bring: a snorkel, mask, fins, water shoes, sunblock, water and your room card*

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

## DAY 10: MOOREA—SEA TURTLES

**8:30 AM – 9:00 AM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities.

**9:15 AM – 11:30 AM** SEA TURTLE CARE CENTER

INTERCONTINENTAL MOOREA RESORT & SPA

*MEETING POINT: LE GRAND SALON, DECK 5*

Learn more about sea turtles and meet the residents of Te mana o te moana's turtle rehabilitation center.

*Bring: sunblock, water and your room card.*

**2:00 PM – 4:00 PM** SEA TURTLE GAMES

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Learn more about these animals through art and craft.

*Bring: sunblock, water and your room card.*

**5:00 PM- 5:30 PM** REGISTRATION & INFORMATION

*MEETING POINT: RECEPTION, DECK 4*

Come to talk with us about the next day's activities

## DAY 11: MOOREA—FAREWELL PARTY

**9:00 AM – 9:30 AM** A NEW DAY, A NEW ADVENTURE

*MEETING POINT: RECEPTION, DECK 4*

Get an overview of today's activities.

**6:30 PM – 7:30 PM** FAREWELL PARTY

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7*

Feedback of the cruise thought funny games, creations, videos and a surprise!

Your Te mana o te moana naturalist guides look forward to exploring French Polynesia with you and your family!

*Itinerary may vary on select departures. Schedules are subject to change.*



Paul Gauguin  
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