# Te mana o te moana and Paul Gauguin Cruises present



# Cook Islands & Society Islands

# DAY 1: PAPEETE, TAHITI — WELCOME ABOARD!

**3:00 PM – 5:00 PM** LATE ENROLLMENT *MEETING POINT: RECEPTION, DECK 4* Sign up for the program (if space is available) any time from embarkation until 5:00 p.m.

5:30 PM - 6:30 PM LIFEBOAT DRILL

The muster station is on your key card. Mandatory for all guests and crew.

# DAY 2: HUAHINE — THE MOANA CREW SPIRIT

**9:00 AM – 9:30 AM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

**9:30 AM – 10:30 AM** CORAL REEF DISCOVERY *MEETING POINT: CAPTAIN'S LOUNGE, DECK 7* Games and a short video give insights into coral reefs.

**10:30 AM – 11:30 AM** SWIM TEST *MEETING POINT: POOL, DECK 8* Required for everyone participating in any snorkeling or swimming activities. We will also discuss water-safety guidelines.

Bring a snorkel, mask, fins, sunblock and your room card.

**12:00 PM – 1:00 PM** LUNCH WITH THE GUIDES *MEETING POINT: LE GRILL, DECK 8* Chat with your naturalist guides as you enjoy lunch together.

# 1:15 PM – 4:30 PM SNORKELING DISCOVERY PUBLIC BEACH

*MEETING POINT: TENDER, DECK 3* Catch the team spirit and get better acquainted with your fellow explorers during a snorkeling session.

Bring a snorkel, mask, fins, water shoes, sunblock, water and your room card.

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities.



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# Moana Explorer Program

#### DAY 3: AT SEA — LIFE ON BOARD

**9:00 AM – 9:30 AM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

**09:30 AM – 11:30 AM** ISLANDS CREATION *MEETING POINT: CAPTAIN'S LOUNGE, DECK 7* Spend the morning learning more about islands' creation in the Pacific Ocean.

# 2:30 PM - 3:30 PM MARINE BIRDS

MEETING POINT: CAPTAIN'S LOUNGE, DECK 7 Learn more about French Polynesia marine birds.

**3:30 PM – 4:00 PM** MEET THE CAPTAIN OF THE SHIP *MEETING POINT: CAPTAIN'S LOUNGE, DECK 7* Go behind the scenes of the ship's navigation with the person in charge of it all: the captain. \*A minimum of 4 participant is required. If not, modifications may be made.

**4:00 PM – 4:30 PM** TEA TIME WITH THE GUIDES *MEETING POINT: LE GRILL, DECK 8* Share a snack with your naturalist guides.

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities.

### DAY 4: AITUTAKI — TALES AND LEGENDS

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities.

7:30 PM – 8:30 PM TALES AND LEGENDS MEETING POINT: CAPTAIN'S LOUNGE, DECK 7

Discover Polynesian tales and legends told by your guides.

# DAY 5: RAROTONGA — NAVIGATION

**9:00 AM – 9:30 AM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

# 9:30 AM – 11:30 AM TRADITIONAL NAVIGATION MEETING POINT: CAPTAIN'S LOUNGE, DECK 7 Learn how the ancestors managed to cross the Pacific Ocean.

**2:00 PM – 4:00PM** CREATION OF A CANOE MODEL (VA'A) *MEETING POINT: TENDER, DECK 3* Create your own va'a (outrigger canoe) from natural materials.

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities.

7:30 PM – 8:00 PM STAR NIGHT MEETING POINT: POOL, DECK 8 Watch stars and constellations through the Southern sky.

# DAY 6: AT SEA — MARINE MAMMALS

**10:00 AM – 10:30 AM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

**10:30 AM – 12:00 PM** DISCOVERY OF MARINE MAMMALS *MEETING POINT*: *CAPTAIN'S LOUNGE, DECK 7* Learn about these animals through short videos, sounds and board games.

2:00 PM – 4:00 PM GAMES AND BOARD GAMES *MEETING POINT: CAPTAIN'S LOUNGE, DECK 7* Spend the afternoon enjoying nature-themed board games.

**5:00 PM – 5:30 PM** REGISTRATION & INFORMATION *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities.

# DAY 7: BORA BORA 1 — SHARKS & RAYS

**2:00 PM – 2:30 PM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

**2:30 PM – 4:00 PM** SHARKS AND RAYS DISCOVERY *MEETING POINT: CAPTAIN'S LOUNGE, DECK 7* Through short videos and games, discover more about these amazing fishes.

**5:00 PM – 5:30 PM** REGISTRATION AND INFO *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities.



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# Moana Explorer Program

#### DAY 8: BORA BORA 2 — PLASTIC POLLUTION

8:30 AM – 9:00 AM A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities and register.

# 9:00 AM - 10:00 AM PLASTIC POLLUTION

MEETING POINT: CAPTAIN'S LOUNGE, DECK 7 Plastic overuse is having a devastating effect on marine wildlife. Learn more about this issue through games and videos.

# 1:00 PM - 4:00 PM MOTU QUEST PRIVATE BEACH

MEETING POINT: TENDER, DECK 3

Enjoy beach challenges with your team such as rope pulling, survivor race and much more.

# Bring a snorkel, mask, fins, water shoes, sunblock, water and your room card.

\*Depending on the weather, modification may be made

# **5:00 PM – 5:30 PM** REGISTRATION & INFORMATION *MEETING POINT: RECEPTION, DECK 4* Come to talk with us about the next day's activities

# DAY 9: MOTU MAHANA (TAHA'A) — REEF QUEST

8:30 AM – 9:00 AM A NEW DAY, A NEW ADVENTURE MEETING POINT: RECEPTION, DECK 4 Get an overview of today's activities.

# 9:00 AM – 10:30 AM CORAL REEF IN DANGER

MEETING POINT: CAPTAIN'S LOUNGE, DECK 7 Participate in scientific experiments to understand why corals are in danger.

# 1:30 PM - 4:00 PM REEF QUEST

MEETING POINT: MOTU MAHANA, VOLLEY BALL FIELD Observe underwater life and see how many species of coral and fish you can identify.

Bring a snorkel, mask, fins, water shoes, sunblock, water and your room card

# 5:00 PM – 5:30 PM REGISTRATION & INFORMATION MEETING POINT: RECEPTION, DECK 4

Come to talk with us about the next day's activities.

# 6:30 PM – 8:30 PM PIZZA, POPCORN & MOVIE NIGHT MEETING POINT: CAPITAIN'S LOUNGE, DECK 7

Enjoy pizza and popcorn while you watch a marine-themed movie. \*A minimum of 4 participant is required. If not, modifications may be made.

# DAY 10: MOOREA 1 – SEA TURTLES

**8:30 AM – 9:00 AM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

# 9:15 AM - 12:00 PM SEA TURTLE DISCOVERY

MEETING POINT: GRAND SALON, DECK 5

Have fun and discover sea turtles with games and try to observe them in their natural environment during a snorkeling on the beautiful Tahiamanu beach.

Bring a snorkel, mask, fins, water shoes, sunblock, water and your room card.

# 2:00 PM – 4:00 PM BOARD GAMES AND MUCH MORE MEETING POINT: CAPITAIN'S LOUNGE, DECK 7

Come and play or replay your favorite board games. Or let your artistic sense guide you during drawing, painting, collage...

# 5:00 PM - 5:30 PM REGISTRATION & INFORMATION

MEETING POINT: RECEPTION, DECK 4 Come to talk with us about the next day's activities.

# DAY 11: MOOREA 2 – FAREWELL PARTY

**9:00 AM – 9:30 AM** A NEW DAY, A NEW ADVENTURE *MEETING POINT: RECEPTION, DECK 4* Get an overview of today's activities.

# 5:45 PM – 6:45 PM FAREWELL PARTY

*MEETING POINT: CAPTAIN'S LOUNGE, DECK 7* Feedback on the cruise through funny games, creations, videos and a surprise!

# Your Te mana o te moana naturalist guides look forward to exploring French Polynesia with you and your family!

Itinerary may vary on select departures. Programs can also be subject to change.



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